

## Meet Sheyenne Allen!

Sheyenne is one of our 2019 WAGS Tournament Scholarship recipients! She played for Delaware FC and currently attends and plays at Brown University.

### How did the WAGS Adele Dolansky Scholarship empower you?

The WAGS scholarship empowered me by allowing me to recognize that all of my hard-work was paying off. My work ethic, not only on the field but in school and in my life, granted me the ability to be awarded scholarships that recognize me for all that I do. Being awarded this scholarship showed me that my diligent attitude in life can get me far and it isn't going unnoticed. This empowered me to move forward and stay driven with everything I do!

### What was your favorite part of your freshman year?

My favorite part about my freshmen year was becoming close with my teammates. When first arriving to Brown and meeting my new teammates, we all immediately hit it off and became the best of friends. Our chemistry was so great and beneficial in so many ways. From the soccer field to the classrooms, I depended on each of my teammates. The support system that we formed together was absolutely immaculate. Without them, some of my best memories from this year wouldn't even exist.

### How did the shutdown impact your education?

The shutdown wasn't too impactful to my education to be completely honest. My main hurdle was not being in a lecture hall. The learning environment is very important to me. Trying to gain and understand information through a laptop screen in my room versus gaining the information in a lecture hall is a huge difference and can almost be seen as very detrimental to anyone's learning. Thankfully, this obstacle did not negatively impact my education and I was able to adapt well to the circumstances while having considerable success!

### Did your discipline as a student athlete help you adapt to the changes?

Definitely. Being a student athlete all my life prepared me for the time management that I was going to need as a college student. I'm sure if I were not a student athlete prior to university I wouldn't have been as prepared as I was. I was able to stay organized and get things done efficiently due to years and years of maintaining orderliness among my school work, club team, ODP team, and school team while in high school.

### Who is your favorite female athlete and why?

I would have to say my favorite female athlete is Serena Williams. To me, Serena is not just an outstanding tennis player, with multiple Grand Slams to prove it. She is a very influential woman who is my role model. Serena supports many charities and non profit organizations, she gives back and supports many different communities, and creates opportunities for young people to succeed. The hard-work and dedication that she puts into her craft is simply admirable. I have always looked up to Serena ever since I was young and I hope to emulate her greatness as I grow older.